

## **NFP Classes at Our Lady of the Annunciation**

The Sympto-Thermal Method of Natural Family Planning will be taught at Our Lady of the Annunciation. This method uses three natural symptoms of fertility, in a cross-checking way, for a couple to determine when they are fertile and to cooperate with God in planning their families. The goal of the classes is to make couples self-sufficient in understanding their changing fertility, including post-partum and pre-menopause. The Theology of the Body is used as the basis for the instruction, using NFP in treating each other as persons, not objects. Register for the class at [www.ccli.org](http://www.ccli.org). The next class begins January 12, 2020 at 1:30-4:00 PM at Annunciation Parish, St. Bakhita Hall. Contact the Parish Office at 298-7553 for additional information.

### **2020 CLASS DATES:**

▶ <b><u>Class 1:</u></b>	January 12	February 23	March 22
▶ <b><u>Class 2:</u></b>	April 19	May 17	June 14
▶ <b><u>Class 3:</u></b>	July 26	August 23	September 27
▶ <b><u>Class 4:</u></b>	October 11	November 8	December 13

- Participants are required to attend all 3 sessions in chronological order.
- Sessions are held in St. Bakhita Hall
  - To register for the class:
    - 1) Contact Annunciation Parish to inform which class you are attending
    - 2) Register on-line at: [www.ccli.org](http://www.ccli.org)
    - 3) Go to “Register on-line” (Find a class: Click on 1) Anytime; 2) Main NFP series; 3) Location: United States; New Mexico; zip code: 87110)
    - 4) Courses available will be listed; register for the course date that you plan on attending.
    - 5) Pay for the course on-line; cost of the course is \$146. You will receive an email receipt. If you are Parishioner the cost of the course is \$46; to be reimbursed the difference, a copy of the receipt is to be submitted to the Parish Office; the cost for Non-Parishioners is \$146.

### **Contact Information:**

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*(As of December 2019)*